



LAKES INTERNATIONAL LANGUAGE ACADEMY
An IB World School

LILA Lower School Life: November 12, 2018

PRINCIPAL'S UPDATE

Lower School Families,

We are more than halfway through our Boosterthon fundraiser. Our school is having a great time learning all about how to solve problems using character.

If you're looking for a fun way to ask for a pledge, just upload a photo of your child to funrun.com to create a personalized Student Star video. This fun, hilarious video starring your child can be shared by email or social media to connect with sponsors and ask for a pledge.

The EASIEST way to ask for pledges is simply to click the "Share on Facebook" button on your student's pledge page. On average, sharing a pledge on Facebook increases total pledges by almost \$50 with a single click!

If we meet our goal of \$45,000, I will sleep on the school roof! And I've got a few LILA staff members who have agreed to join me - even in the snow and cold.

The LILA Dragon Glow Run is scheduled for Thursday, November 15 in the gym. Families are welcome to come and cheer on your our runners. Here are the times each grade level:

8:30-9:30 . PreK and Kinder

9:30-10:20 Fifth Grade

10:20-11:10 . First Grade

11:10-12:00 . Third Grade

12:00-12:50 . Fourth Grade

12:50-1:40 . Second Grade

Thank you again for helping our school!



LAKES INTERNATIONAL LANGUAGE ACADEMY

An IB World School



In partnership,

Kathy Griebel, Lower School Principal
Lakes International Language Academy

LOOKING AHEAD: IMPORTANT DATES

Here are some important dates for your calendar:

Date	Activity
November 12	Veterans Day, Observed
November 13	Annual Meeting to Review World's Best Workforce, 5:45 PM in Library LILA School Board Meeting, 6:00-7:30 PM in Library
November 14	Grade 3 Field Trip, 9:15 AM-2:00 PM
November 15	Boosterthon Glow Run! Language Ambassador Host Family Information Sessions, 6:00-7:00 PM or 7:15-8:15 PM in Library Ski Club Bus Registration Deadline (before prices are raised \$50)
November 20	LILA PTO Meeting, 6:00-7:30 PM in Library



LAKES INTERNATIONAL LANGUAGE ACADEMY

An IB World School

November 22	Holiday, No School
November 23	Holiday, No School
November 27	Kinder Field Trip
November 30	Ski Club Registration Closes
December 4	Safety Drill
December 6	Grandparents Fundraiser Breakfast, 8:30-10:30 AM Upper School Information Fair, 6:00 PM at Upper School
December 7	Ski Trip for Grade 4 and 5, 8:00 AM-2:00 PM

THIS WEEK'S NEWS

Announcing the 2018-2019 LILA Lower School Directory!

Planning a playdate or birthday party? Want to get to know more LILA families in your child's grade? Please utilize the [2018-2019 LILA Lower School Directory](#) to find class lists as well as contact information for families who chose to participate. We are grateful for all the families that compose our growing LILA community, and we'd like to encourage friendships both inside and outside our classroom walls.

As a courtesy to all LILA families, please respect each other's privacy by not sharing these PDF files with other organizations. We appreciate that you refrain from using these lists for your business sales, promotions, outside fundraising, or other soliciting. The directory is designed to facilitate LILA community-building, and we want everyone to feel confident about participating.

Veterans Day - November 12, Observed

Lakes International Language Academy is grateful for all the brave men and women who have served in the United States armed services.

We honor and thank our LILA veterans and their families. [Click here to see our slideshow.](#)

Seeking Host Families for Spring

Before the snow comes, we are thinking SPRING! Interested in hosting a Language Ambassador during the spring semester? Come to a one hour informational meeting to learn



LAKES INTERNATIONAL LANGUAGE ACADEMY

An IB World School

more about it! November 15th from 6:00-7:00 PM or 7:15-8:15 PM. We are looking for 16 families to host our amazing group of Language Ambassadors this year!

Can't make it on November 15th but would like more information? Check out the website and apply to host here:

<http://mylila.org/get-involved/language-ambassadors>

Questions: contact Kelly at kfarrell@mylila.org

Expand your Horizons with LILA - UPCOMING UPPER SCHOOL INFORMATION FAIR

Come learn about the many exciting opportunities that are available at Upper School!

Both of these sessions will be in the informational fair format. Drop in when it works for your family! Stay as long or as little as you like to leave with the information you need.

- December 6, 2018 - Current 5th and 6th graders, 6:00 PM
 - Middle School information on the following topics :
 - International Baccalaureate (IB) Middle Years Program (MYP)
 - Activities and Athletics
 - Bring Your Own Technology - Guidelines
 - iTerm
 - Course Offerings
 - Immersion Course Offerings

Coaching Opportunities - Positions are open to both Upper and Lower School Parents.

- **Boys' middle school basketball head and assistant coach:** Duties include communication with students and parents, planning and coaching practices Tuesday-Friday for 1.5 hours each day, home and away games 1-2/wk, etc.. Season runs from January 8th-beginning of March. This is a paid position.
- **Ski Club Advisor:** Duties include parent communication, student communication, riding the bus to and from Trollhaugen (supervision and checking students on the bus), supervision at Trollhaugen (you can buy a ski pass and have time to ski as well as hang out in the ski lodge), etc. There are parent volunteers for the Main Campus students so you will be working with them as well as the language ambassadors while at Trollhaugen. This is a recreational ski club so you don't need any experience with skiing/snowboarding in order to be the advisor. Bus leaves from LILA HW around 2:25



LAKES INTERNATIONAL LANGUAGE ACADEMY

An IB World School

(advisor needs to be at LILA HW by 2:15 to check students onto the bus) and returns around 7:15 on Thursday afternoons/evenings. This is a paid position. See below for dates of ski club:

December: 6th, 13th, 20th
January: 10th, 17th, 24th, 31st
February: 7th, 14th, 21st, 28th

NEWS IN REVIEW

Culture in Action!

Thursday, November 1 was Dia de Muertos (Day of the Dead), a Mexican holiday. This multi-day holiday focuses on gatherings of family and friends to remember those who have died. An important part of this holiday is the creation of an **ofrenda** (Spanish: "[offering](#)"). An ofrenda is a collection of objects placed on a ritual display in remembrance of a loved one who has died. LILA staff member, Juan Zaragoza created this stunning ofrenda. Our kindergarten students had the chance to visit the ofrenda as part of their Celebrations unit of instruction. The ofrenda will remain on display this week.



LILA Dragon Glow Run - November 15

Tuesday we are having a different, exciting experience at school! We are kicking off our annual Glow Fun Run with a pep rally! Students will be introduced to a great program which will run through the next week and half focusing on Science, Technology, Engineering, Arts and Mathematics (STEAM) concepts that are taught through positive character lessons that fit nicely with our IB program. All Pre-K through 5th grade students will participate in a fun run on November 16th during the school day. You will see registration forms in your student's backpack this week, and you'll want to register them as soon as possible so they can participate in fundraising to help our school meet our goal this year: funding technology at lower school in the form of approximately 5 iPads per classroom, docking stations and lock boxes. If



LAKES INTERNATIONAL LANGUAGE ACADEMY

An IB World School

we exceed our fundraising goals, we are looking at purchasing educational apps and/or possibly other STEAM educational supports like robotics or coding supplies. We hope that you will participate in helping fundraise for technology at LILA. As always, if you prefer to sidestep fundraising and prefer to make a donation directly, we receive 100% of those donations, in addition to the possibility of matching funds from your employer. Checks can be made to the LILA PTO at any time. Please read the [attached FAQ](#) and check materials your child will be bringing home to learn more. Please direct any questions to the PTO rather than the school, at ptoboard@mylila.org.

Pledging is NOW OPEN for the [LILA Dragon Glow Run!](#)

LILA'S GOALS: 100% of families get pledges from sponsors + 5 pledges per student + \$45,000 School Profit for Technology!

The easiest way to help us reach our goals is through our easy SHARE feature on funrun.com.

- Make a Student Star video to share with Facebook Friends
- Copy and paste the email template and then send to family, friends, and local businesses
- Go to funrun.com from your mobile device, click share, and send texts to friends and family

EVERY PLEDGE COUNTS. THANK YOU!

Grandparents Fundraiser Breakfast - December 6

Save the date! The LILA Foundation's annual Grandparents Fundraiser Breakfast is scheduled for Thursday, December 6 from 8:30-10:30 AM.

Yard Signs

Over a third of the LILA yard signs were spoken for in the first few hours of availability. We still have some, so fill out [this form](#) and reserve yours today! The dates to display the signs are now through January 15 (enrollment lottery day).

LILA Needs Bus Drivers!

We need people with a school bus drivers' license to drive to various sports and activities, as well as for occasional field trips. You decide which hours you can take! Interested, but need help



LAKES INTERNATIONAL LANGUAGE ACADEMY

An IB World School

get your bus driver's license? We can help. We'll help guide you through the multiple steps, including providing the official supervision by a current licensed bus driver. Please call Tami in our HR office at 651-464-0771 x214 if you'd like to learn more or get started toward licensure!

W Sitting (Submitted by Cassandra Borloug, LILA Occupational Therapist)

W sitting is a form of sitting in which one's legs form a W with the knees bent forward and feet back/pointing outward outside of their hips (see picture below).



Children naturally go in and out of this position during play, but if you notice a child sitting in this position for extended periods of time, please try to support by correcting it! W sitting can become a preferred "go to" sitting style due to the "ease" it creates for children. Sitting this way does not require them to use their back and stomach muscles in order to sit up independently (we don't want that!) Children need strong back and stomach muscles for them to sit up straight in their chairs, at carpet time, etc.

This sitting style can affect joints in the long term; create stiffness; potential for hip dislocation; lack of strengthening of trunk/core muscles (back and stomach muscles); difficulty establishing hand dominance (they just grab from whichever side an object is on because it's easier that way); and so on.

How can you help support? Teach your child about alternative sitting styles - criss cross applesauce, long sitting (legs straight), side sitting (like a mermaid), kneeling (but watch that the feet do not creep outward forming the W). Often children will wonder "Why? Why do I have to change the way I'm sitting?" You can explain that you want them to grow big and strong, and right now they aren't using the muscles in order to do that! You can explain that you care about them and don't want them to get hurt. For correction, you can simply say something like, "Fix your feet" or you can even come up with a code word together to use when you see it.



LAKES INTERNATIONAL LANGUAGE ACADEMY

An IB World School

STAY CONNECTED

Stay up to date on LILA news in the following ways: Follow us on [Facebook](#), update your contact info via [Infinite Campus](#), and check out our website at www.mylila.org.

To stay updated on PTO events, like or follow the [LILA PTO Facebook page](#).